



# SOUTH CITY TRIADS

*(Discipleship Groups of 3)*

Follow me, and I will make you  
fishers of men." - Matt. 4:19 (ESV)

"Therefore, confess your sins to one  
another and pray for one another,  
that you may be healed. The prayer  
of a righteous person has great  
power as it is working."

- James 5:16 (ESV)

## ELEMENTS OF TRIADS

- Authentic relationships
- Discipleship
- Accountability & confession
- S.O.A.P.S. Bible study
- I WILL statements
- Prayer
- Missional intentionality
- Multiplication

## Accountability, Confession, and Bible Study

- Groups gather by like gender - as men's and women's groups
- Groups do S.O.A.P.S. studies through Scripture (per chapter)
- Purpose is deep life connection, accountability, & transparency
- Helping each other towards obedience - I WILL Statements
- Groups are usually 60-90 minutes

## Mission - (Becoming "fishers of men")

- Groups range from 2-4 consistently
- Once a group reaches 4 consistent members they divide (2x2)
  - Discipleship Multiplication Engine
  - Each group should be constantly seeking to add members
- Discipleship starts with lost people
  - Purpose is growing in deeper understanding of scripture and Christ-likeness, but also having an awareness of mission
- Groups are self-managed
  - Updates given in CityGroups + to South City staff



"Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! Again, if two lie together, they keep warm, but how can one keep warm alone? And though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken."

- Ecc. 4:9-12 (ESV)

# TRIAD TOOLS

## S.O.A.P.S

- Study 1 chapter of SCRIPTURE per week together
- OBSERVE what God is saying through the text
- APPLY the lesson God wants you to learn in your life
- PRAY for one another and your willingness to obey
- SHARE what God is teaching you with someone you know

## I WILL Statements

- Share with each other at least one thing that you will commit to do
- This week I WILL \_\_\_\_\_
- Pray for one another to keep this commitment
- Hold each other accountable the following week
- This is a grace-giving and loving process - not legalistic

*We exist to love God and ALL people by becoming authentic disciples who make disciples for the glory of God and the good of the city.*